



# NEW COMMUNITY

# CLARION

SERVING THE PEOPLE OF BABYLAND - St. ROSE OF LIMA & NEW COMMUNITY

VOL. 2 NO. 9

NEWARK, NEW JERSEY

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NEW JERSEY DIVISION

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## University Heights Plan Generates Community Concern

by Georgia Ransome

The residents of NCC turned out 500 strong on October 10th at the community forum for the proposed University Heights redevelopment plan. The primary concern of all, was the proposal by the four major colleges in the city to re-develop 110 square blocks of Newark.

In the presentation on Wednesday night, it was clear that the residents of Newark are not a priority in the redevelopment proposal. In fact of all the items proposed there were none that would benefit residents in the City of Newark. Everything will be geared toward the college, its students, and faculty. The community-at-large were appalled that the colleges would consider making such drastic changes in their city without including anything of benefit to them, or even a promise of such at some later date, as part of their plan. Until this year they have had no interfacing programs with the surrounding community.

In later discussing the overall University Heights proposal, the New Community residents realized that the local government of our city had to be aware of what was happening, yet there had been no information sent out to the community by the council to inform the residents of the proposal. They further realize that most of what has been proposed will be implemented because large sums of money are being poured into the city very rapidly making it very easy to get things done quickly. However, the NCC residents intend to be a part of Newark's re-development. They feel the projects underway by new community such as our Shopping Mall (Pathmark) our Condo's and nursing home are not going to be pushed aside to accommodate the transient population of our four major learning institutions. This is our town and our home the future of our children depends on what happens in the proposals of today. We welcome the advantages that will possibly come out of the re-development plans,



Standing room only crowd of over 600 concerned Newark residents attend meeting on proposed plans for redevelopment of University Heights area by local colleges.

yet we are concerned that our future will not be included in these plans.

As citizens without alternatives, we remained in what seemed to be a God-

forsaken city, and now that it has become economically advantageous to be a part of Newark we intend to stay and share the benefits.

## Babyland III Attends Fire Festival

On October 3, 1984 the kindergarten class at Babyland III attended a fire prevention festival sponsored by PSE&G, the Newark Fire Safety Task Force and Sesame Street. The festival was designed to enhance awareness about fire prevention and stress precautions for young children. Along with all the important tips and demonstrations, the children were also amused by animated characters, puppets, clowns and a special guest

appearance by "Suzan" of Sesame Street.

The kindergarten class on a whole sat in awe as members of the fire department let the children physically handle tools and special equipment used when fighting a fire. Clowns smiling and shaking their hands, had time to stop and talk to them. With this sharing and friendliness in the air we remember the school which sat adjacent to us, and

which shared their "Dunkin Munchkins" with us. They were great.

Upon arrival, all children and teachers were given red fire hats; and upon leaving, "goodie bags" and pictures of "Suzan" from Sesame Street were given to all the children.

Overall, this affair proved to be very rewarding. Several children commented, "I know what to do if my clothes ever catch on fire — I just Stop, Drop and Roll."

The kindergarten class of Babyland III would like to say "Thank You City of Newark Fire Safety Task Force, Sesame Street and PSE&G" for saying to us, we are not too young to learn about fire prevention.

Antonia Cruz  
Babyland III

### Survey Shows Shopping Center Number One Issue

At the meeting on University Heights on October 10th a survey was taken as to what issues people saw as most important. There were 258 responses from the 600 attending, which listed shopping facilities as the most important issue. This was closely followed by affordable housing and jobs for area residents. The fourth issue identified was education and training for jobs, and improved city services was listed as fifth.

The purpose of the Ad Hoc Committee on University Heights is to guarantee the community's impact into the planning process, and to insure that any plan benefits the local community with employment opportunities for local people, and affordable housing.

## Transportation Department Formed

With the arrival of a brand new 22-passenger bus for Babyland Nursery, Inc. this week, the day care center will have a five bus fleet of people movers at their disposal. The other four buses carry sixteen passengers each.

The buses are a vital part of the services provided to parents as they work or attend school while their children attend Babyland day care centers.

Schedules can get complicated, especially when the buses are used

not only for transporting children back and forth from the day care programs, but also to various cultural activities, such as visits to Newark Airport for tours, and Van Riper's Farm in Woodcliff Lake to see the famous Halloween display.

It became necessary therefore to put the coordinating of these schedules into the hands of a single person for maximum efficiency.

Mr. Milton Taylor recently came on board the Babyland staff to perform

(Continued on page 2)



Alisha Paden, Justin Paul, Khalilah Jones and Antaya McCray examine bell on fire truck with Newark Fire Fighter John Salvato.



## Transportation Department...

(Continued from page 1)

this task. Mr. Taylor was born in Florida, but came to Newark to live with an aunt in his youth. He is a graduate of Central High School in Newark. Florida beckoned him again for his college education, and he received his B.A. degree at Florida A&M. Taylor also attended Newark College of Engineering for a year.

Mr. Taylor has worked in various capacities for the cities of Newark



Milton Taylor

and Irvington, N.J. Most recently, he was the District Service Representative for the Summer Youth Employment Program (SYEP) in Newark.

Presently, there are over sixty children in day care using the service. In addition, the people living in New Community housing or working in either New Community or Babyland, whose children attend St. Rose of Lima School also use the buses for a predetermined fee. There are presently 24 children in this group.

At this time there is a long waiting list of families who would like to participate in the transportation according to the new coordinator.

It is indicative of the continual growth of Babyland and the vital service it provides to the surrounding community.

## Douglass-Harrison Boiler Ready For Winter

More than a year ago when New Community took over the management of Douglass-Harrison Apartments, some NCC employees, mostly the skeptics, thought that putting back Douglass-Harrison into A-1 shape at par with the other NCC complexes would seem like humming the tune of that famous song the "Impossible Dream." But the concerted efforts of the NCC employees involved in updating maintenance procedures at the apartments has indeed brought them a long way in one short year.

Palford Drye, the hard-working Director of Central Maintenance who has in the past couple of months spent almost 80% of his time in updating maintenance facilities at Douglass-Harrison, has just completed the rebuilding of 3 Cleavor Brooks Boilers, two 250 H.P. and one 125 H.P., thus assuring the tenants of Douglass-Harrison of a continuous supply of hot water and a heating system that will insure them of a warmer winter. This also eliminates one of the most vital problems Central Maintenance had to deal with, during the first few months of NCC management of Douglass-Harrison.

Palford Drye completed a thorough and extensive overhaul on these three boilers, checking every single part, replacing those parts that needed to be changed, and restoring them to function well and dependably. Palford said though, that rebuilding these boilers is not all there is to it. Like any other machine, the secret is proper and consistent maintenance. He intends to do just that and in the end preserve New Community's image of good service and guaranteed maintenance to all tenants.

## Davis Given Promotion

In April of this year, Michael A. Davis applied for a job at New Community. His qualifications included service with the United States Air Force as an Administration Specialist, and a background in furniture repair. When an opening for a janitor became available in May, Mr. Davis was offered the job and took it.

Davis graduated from Essex County Vocational and Technical High School where he studied mechanical drafting, and after working for a time entered the Air Force, compiling a sterling record, which followed him to New Community.

When he left the Air Force one of the commendations he received focused on his ability "to organize tasks to promote superior results". His leadership ability was also emphasized. This was duly noted when he was hired in April, and recently, when an opening to an assistant manager presented itself at Douglass-Harrison, Mr. Davis' abilities came to mind. He was offered the promotion



Michael C. Davis

to management and on August 8th he started his new job.

Davis is still in the Air Force Reserve, where he spends one weekend a month and a two week summer period in the service of his country.

Newark, and New Community is pleased they were able to offer him a permanent employment opportunity.

## Employment Center Appreciates Welcome

"They made us feel so welcome — the residents and staff of NC Douglas," says John Bins, one of the employment counselors, in talking about the newly opened New Community Employment Center. "For the first six weeks, while our offices were being readied, Mrs. Marguerita Berdiel, the NC Douglas manager, and Sr. Hortensia, the social services contributor, both shared their offices so we would have some place to interview people. Part of the time we also used the staff room."

"The residents also couldn't be nicer," he went on. "The prize has been Rev. Elisha Williams, whose sonorous baritone can often be heard ringing through the Douglas halls." When he saw Mary and John had no wastebaskets, he got them a set. Gifts of fruits often appeared in his hands, as well as a decorative fondue pot that had belonged to his mother. One day he even brought them his own fan when he saw they were too warm. And he remembers the Employment Center in his prayers as well. He has been like a guardian angel.

Other stories can also be told, such as one that developed late one afternoon, when Gloria Pollack, the Hispanic employment counselor had been phoning Spanish doctor's offices since noon, looking for a job opening for a woman who spoke no English.

At long last she was able to make an appointment. Just then she heard Rev. Williams voice singing "Alleluia," floating in from his place at the piano in the recreation room. The theme of the song just matched her mood and she had to rush out to tell him so.

Besides being warmly welcomed by the people around them, the Employment Center stuff has also been welcomed by their relatives and friends. "Apparently everyone at NC Douglas has some relative or friend who is unemployed. Many Employment Center applicants have been New Community residents or are referred by them," John Bins explained.

"The NC Employment Center location at 15 Hill Street is ideal," Bins continued, "since it is just off Broad Street near City Hall, right where the people are, and near all the bus lines."

People looking for work come to the Employment Center for an application and a personal interview, on Tuesday, Thursday or Friday afternoons from 1 to 2 p.m. (There is an Hispanic Counselor on Tuesday.) Then the Employment Center takes over and tries to find a job opening to suit.

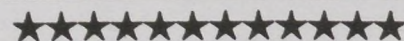
For information call John or Mary Bins at 643-3828.

### Contest Offers \$500 Award

New Community Corporation announced a contest to name the area of the Central and West Wards, called University Heights by the four state-supported institutions of Higher Education. This contest is to encourage people who live in the area to name their neighborhood. A \$500 prize will be offered to the one who suggests the name accepted by NCC.

Send your entry to New Community Corporation, 755 South Orange Ave., Newark, N.J. 07106. Be sure to include your own name and address.

What's in a name? The act of naming is an important and critical task. A name provides identity, significance and order. Naming can also establish possession and/or care.



### Something of Interest

At the recent negotiations between the City of Newark and the Port Authority of New York and New Jersey, it has been disclosed that the Port Authority pays one million dollars a year in lieu of taxes. New Community pays one million a year in lieu of taxes. Isn't it interesting that New Community and the giant Port Authority would make the same payments in lieu of taxes.



## Your Vote is a Valuable Tool



When your sample ballot arrives in the mail — Don't ignore it!

The names on that ballot tell you what will happen to you and your

families in the next four years.

When you look at the names — look at your present circumstances.

How are your schools, streets, taxes, homes, etc.?

Look at your streets — are they safe, are they clean, are they what you would like to see them be?

Remember you have the power with your vote to **make a difference!**

A vote is not a cheap item, because if you make a mistake you're stuck with the results of that mistake, which can sometimes be a high price to pay.

Politicians come out during election time and beseech our votes. Just as you would not give away your money for something you do not get — similarly, your vote should be well spent too.

Look at the track record of the candidates, before you go to the polls.

For information on voting issues call Madge Wilson — Assistant Director of Human Resources for NCC — at 623-0910.

**PLAN TO SPEND YOUR VOTE WISELY!**

## THE NEW COMMUNITY CLARION

The N.C. Clarion is published the first week of each month as a community service. The Editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the views of the newspaper. Articles are appreciated by any and all concerned.

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## More On University Heights...

# NCC: Advocates For Newark?

by Virginia Scott

On October 10, 1984, a very important meeting was held at Essex County College in Newark. The purpose of the meeting was to unveil plans to the residents of Newark for the revitalization of the Central and West Wards of Newark, by the heads of four higher education institutions in Newark: Rutgers University, Essex County College, New Jersey Institute of Technology and University of Medicine and Dentistry. The plan of these institutions has been labeled "University Heights."

Under the University Heights plan there will be a complete redevelopment of a 110 square block area, which will include most of the Central and portions of the West Wards, into a High Tech area.

More than 600 concerned residents attended to protest the fact that there had not been community involvement in the colleges massive plan, which would definitely have an effect on the lives of the people who live in Newark, and especially the poor who are unable to relocate. The jobs available in the plan would have little benefit to the local community, and there presently is no guarantee of affordable housing.

They came by the bus loads, senior citizens on canes and walkers, the young handicapped and visually impaired, mothers carrying their babies in their arms and holding toddlers by the hand. They were there because of their concern for their future and that

of their children, in the city that they loved so much, many having been born and bred in Newark. There was standing room only in the large auditorium.

The meeting was chaired by Junius Williams, a Newark Attorney, and Father William Linder.

Everyone sat silently as the panelists took their places at the podium. Each person seemed to have been in their own train of thought, wondering. What did this mean? How was this plan going to affect Newark?, or them, individually? Was this the "Great Revelation" that Newarkites have heard about, when the business community would return to Newark, take it back and chase out the poor?

Ms. Charman Harvey, Assistant Director of Development for New Community, presented an alternative High-Tech plan which could benefit local residents and showed plans for several projects including the Shopping Center which would produce jobs for local people.

Mrs. Roberta Singletary, President of New Community Commons Family Residents Association and President of New Community Credit Union said residents "are not asking for handouts because we are a proud people. But we don't want the mid-60's people being forced out. We were told that the University would bring jobs and services. Well, we know what the services are, and we also know who got the jobs. There are



Roberta Singletary NC resident, at mike, makes statement to dais at University Heights meeting.

lots of qualified people out there and we want to be assured a fair shake."

Mrs. Georgina Ransome, a New Community resident, said, "We know that the University of Medicine and Dentistry has not kept its obligation to the community in the past. We are going to make sure that they do now. We are truly a force that is going to have to be reckoned with."

In conclusion, it would appear that out of concern and commitment for the people of Newark, NCC has inherited the responsibility of advocating for the people! These four universities are mighty and powerful and if everyone sits back and does nothing, it is very possible that Newark residents will awaken one

morning to find that we exist in a "High Tech Metropolis." A world that could for the most part exclude the poor.

It's like the 60's when the riots came, when it was important to take a stand...To stand up and be counted, for the rights of the people of Newark. Once again it would appear as though our citizen's level of consciousness will need to be aroused. For one famous writer once said: "If you don't stand up for something, then you will go for anything."

Once during the evening the question was asked as to how many voted in Newark. Almost every one of the 600 in the audience raised their hands.

## University Heights Presentations Made

by Charman Harvey

The representatives of the University of Medicine and Dentistry of New Jersey (UMDNJ), the New Jersey Institute of Technology (NJIT), Rutgers University and Essex County College (ECC) presented their plan for University Heights to the community on Wednesday, October 10, 1984.

There were an estimated 600 people at the meeting, which was convened by the Ad Hoc Committee on University Heights, co-chaired by Attorney Junius Williams and Reverend William Linder, and hosted by Essex County College. The community, which was presented with various plans for the proposed University Heights area, voiced a strong opinion on the relocation of the area residents.

Attorney Williams opened the forum with a historical overview of the area, outlining the many plans for the area since the early seventies. He reminded the audience that the plan by colleges would place the residents in the same situation they faced when the medical school was proposed, i.e., masses of people would be involuntarily displaced.

NJIT president Saul Fenster presented a slide show for the four col-

leges which detailed their facilities and the operations of the schools, and their locations in relation to the community.

The University Heights plan includes a proposal for two dormitories and various open space. However, the presentation lacked specific details. The plan calls for the development of 110 square blocks, but Fenster did not give the boundaries of the area, nor did he outline the type of housing planned or the persons targeted for this housing.

The other presentations were made by various groups including New Community, who has targeted economic development, housing, job creation and service to the community as its goals for the University Heights area, through its development projects.

The reaction of the community to the University Heights plan was positive to the extent that they welcome the redevelopment of the area. However, the comments also included a warning that the four colleges would not be allowed to have free hand in what will actually be constructed. The community vowed that they would have to be part of the planning, or the University Heights development would not take place at all.



On the dais during University Heights meeting are: (L to R) James H. Ramsey, Associate Provost of Rutgers University, Newark; Zachary Yamba, Ph.D., President of Essex County College; Dr. Stanley Bergen, President of University of Medicine and Dentistry of New Jersey; Saul K. Fenster, Ph.D., President of New Jersey Institute of Technology; Reverend William Linder, Pastor of St. Rose of Lima Church, Junius Williams, Director of Essex Newark Legal Services; George Branch, Central Ward Councilman; Frank Hertz, President, Coalition Six.



Attentive audience listens to speaker Frank Hertz of Coalition Six as he spells out concerns about University Heights plan.



# Rainy Days!

## —Are You Prepared?

Today's high cost of living forces many people to work harder just to stay even. After paying for our living expenses, there's very little left to put aside for a "Rainy Day." This makes it all the more important to have a regular savings program.

In a recent community Credit Union Poll which was conducted throughout the NCC network and residents, we discovered that many people living in the community cannot control their own economic resources. Only four in ten people said that they or their family saved money "regularly." Three in ten, said that they saved "occasionally," and the remaining three answered "infrequently" or "never."

Why save? Perhaps you're thinking you'd rather spend now while you have some spare cash. You want to live for today because you feel that's all you can afford. Or you know you should save, but think you cannot.

Besides, you may say, with insurance, and government programs such as social security, medicare, and worker's compensation there's no reason to save for a "Rainy Day." And there's your pension plan to provide for your retirement. Plus you can



Marie C. Damestoir

always buy anything else you want on an "easy payment plan."

While it's true government social programs now give you a hedge against economic disaster, they won't provide you with all the money you need. There are often waiting periods for example, or the assistance level is so low you'll be living on a subsistence budget. By the time you retire, even your pension and social security may not be enough for you to afford a comfortable level of living. And "easy payment plans" have a way of becoming a budget burden.

Without savings you have no freedom, and when unexpected ex-

penses occur, they can place you in a real financial crunch.

Many major financial institutions feel that every family should have the equivalent of three to six months income in a savings account. This can relieve a great deal of anxiety.

Once you have developed a regular saving habit, you will release a lot of stress, because you know you're prepared for the Day of Reckoning: a sudden illness, a broken tooth, a job layoff, or a swift death.

There are plenty of "sunny day" reasons to save as well: a better home, a new car, college for the kids, and a vacation. Even with all the good reasons to save, do you still think you can't? It may be easier than you think to start saving money. The key is to save automatically no matter how small the amount, and once you start saving money regularly, you'll find, it's as much fun as spending it.

Right now is the best time to start preparing for any unexpected "Rainy Days." I'm ready to help you get started. Pick up your phone today to arrange for a savings plan and call: Marie C. Damestoir  
Community Credit Union  
(201) 399-3400

## Investment —Good or Bad

Financial investment in our community can be both good and bad. It is bad when it produces employment mostly for people outside our community. It is good when it produces much needed jobs for the people who live in Newark.

The Enterprise Zone was established to encourage investment in the center of our cities, in order to produce jobs. Tax benefits are offered to

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those who invest in economic development projects. The High Tech Industries suggested in the University Heights proposal should create jobs. However, the community must make sure that the employment opportunities suggested by these concepts benefit the people who live in Newark. Investment which produces jobs for Newark residents is *good* investment.

## SAFETY BELT SENSE

As they grow older, some people become concerned that they no longer have any control over their health. Yet older individuals can assume a great deal of responsibility for their health by following a life style that avoids many of the causes of injury or illness.

Many older adults practice health promotion by exercising, eating a balanced diet, reducing alcohol consumption, and not smoking. But most people ignore one of the easiest and most effective life style changes — the use of safety belts when riding in a car.

This simple act, which takes only a few moments, can prevent a crippling injury or death in the event of a crash. You may not have any control over the circumstances leading up to a collision, but you can improve your chances of surviving without serious injury by wearing a safety belt.

### drive sober

#### How Safety Belts Work

There are six ways that safety belts can reduce the chance of personal injury during a crash.

- Safety belts provide what is known as the "ride down" effect. This means that, with a seat belt on, as the car's momentum decreases in a crash, the safety belt helps to decrease the person's momentum and reduces the force of the impact. Without the safety belt, the car stops but the person continues to move forward, receiving the full force of the impact.

- Safety belts help the driver maintain control of the vehicle by keeping himself or her behind the wheel. This decreases the risk of further collisions.

- Safety belts distribute the force of the impact across the strongest parts of the body.

- Safety belts prevent the wearer from hitting the steering wheel, the vehicle's windows, the dashboard, or other fixed objects.

- Safety belts prevent the occupants of the car from colliding with one another upon impact.

- Safety belts keep the wearer from being thrown from the car during a crash.

## drive safely

By wearing a safety belt whenever you ride with children, you set a good example. And by insisting that children wear safety belts whenever you ride with them you can help them to develop a habit that may well save their lives.

Very young children and infants should be protected in Federally approved child safety seats, and older children should be placed in rear-seat lap belts. And remember, in 40 states and the District of Columbia, it is not only a good idea to use these safety devices for children, it is the law. Courtesy of N.J. AAA Automobile Club



If someone comes up to you and says credit unions have become just another financial institution, your answer should be

**Baloney!**

He may say what with deregulation, with banks getting friendlier and friendlier, and department stores — and even grocery stores — getting into the banking and investment business, with just about the same services available everywhere else, credit unions aren't all that different any more. Again,

**Baloney!**

- Name a financial institution that is owned by its members.

- Name one that returns income over and above operating expenses and reserves not to stockholders but to its members.

- Name one that is structured democratically so that every member has equal say about its operation, function, and goals.

- Name one whose directors are elected by the membership and who serve not for pay, but for service to fellow members.

- Name one that has weathered major depressions and numerous periods of recession with rarely a lost dime to any of its members.

- Name one that offers local, state, national, and even international leadership opportunity to its members.

- Name one that has improved the economic well-being of its members not only in this country but also in 70 countries throughout the free world.

- Name one whose consistent aim and policy for more than 70 years is providing lowest-cost loans and fair return on savings for its members.

- Name one whose claim of interest in its members as people, not mere sources of profit, is not lip service or propaganda, but fact.

- Name one that has nearly 50 million members in the United States and millions more around the world.

- Name a financial institution that truly is in business "not for profit, not for charity, but for service."

Only the credit union can fit all these statements.

Just another financial institution? No matter how you slice that statement, it remains

**Baloney!**

—John Prindle is CUNA's vice president, communications  
Reprinted From Your Credit Union Companion



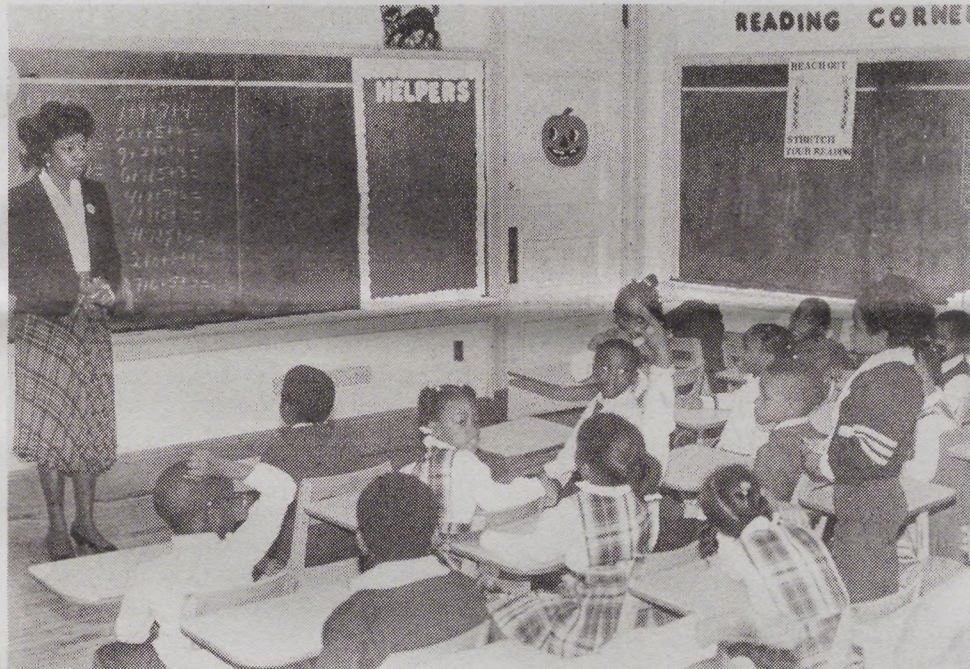
## St. Rose First and Second Graders Learn to 'Play Safe'

On Monday, October 1st, and Wednesday, October 3rd, the first and second graders at St. Rose of Lima School were given a play safe conference by Mrs. Georgia Ransome, Coordinator for the NC Neighborhood Anti-Crime program. Mrs. Langston, 1st grade teacher, requested the conference because the children are currently studying their social environment and she thought this was an excellent opportunity for the children to learn safety tips. Mrs. Brady was concerned about the Halloween season, and wanted to ensure that the children were given a well rounded perspective of Halloween. Both classes were enthusiastic about the conference; hands were constantly in the air with questions and responses from the children. The children were asked questions to determine if they understood what crime was. They not only knew, but some of them had even been victims of crime. One second grader had received a bicycle for Christmas and had been out riding it. He left it outside his house to get a drink of water and when he returned

it was gone. He said he'll always remember his "blue and gold bike." Crime can hurt in several ways and, as depressing as it may seem to have to burden our children with such information, it is a vital part of life today. Many parents are talking to their children; they were all aware of not accepting gifts, talking to strangers, going over to cars, etc.

The one topic stressed in the conference was friendly strangers as a person you know. The children were told **no matter how well you know a person** never go anyplace with a person unless your parents or another adult knows whom you're with.

It was explained no matter how much you know a person or how nice they may seem, there are times when **nice people do mean things**. The children understood, and all seemed happy to have had their conference. They were given a quiz on Halloween safety and their conference. It was a pleasure to work with the children. Parents, keep up the good work.



Anti-Crime Coordinator, Ms. Georgia Ransome, talks with first and second graders in Miss Brady's class St. Rose of Lima School about playing it safe.

## The Anti-Crime Corner Crime In Progress? — Dial NCC Help



Georgia Ransome

Effective October 19, 1984 there will be a special number for NCC residents to use to report a **crime in progress**. Just DIAL NCC HELP, or 622-4357. The phone line will be housed in 5 Somerset Street with a call forwarding feature to the NCC Security Base Station for evening calls.

With the dedicated help of Dolores Jacobs from N.J. Bell we were able to spell out the crime line and install the equipment within the budget frame of the crime program. This number is **only to be called when an incident is actually occurring**. All other calls

will continue to go to the regular NC Security number. It is the hope of the crime board that this new calling system will enable us to stop crimes **before** they are committed, thus forcing opportunities for crime out of the community.

Remember however, that this crime line can only work if people use it. You don't have to give your name or address, just report the circumstances.

Let's make it work.

DIAL NCC-HELP.

Please Post This Notice  
Near Your Telephone

## Management Office Begins Computerizing

The management office has begun the implementation of a computer program called MicroHUD. The program runs on an IBM desk top computer located in the management office. The primary operator will be Ethel McCullough, who has gained considerable computer experience in the past few months.

The software (computer program) has been endorsed by the New Jersey Housing and Mortgage Finance Agency (NJHMFA). The agency expects a majority of its affiliates to implement the MicroHUD system within the next year. They have supported the project by offering bulk purchase rates and a training seminar.

The major advantages of the program are its speed and accuracy. The preparation of a resident certification form is reduced to five (5) minutes from forty (40). Once a resident's form has been entered into the system it can be recalled instantly. In addition to being fast, the system is accurate. Calculations and billings are important, so accuracy has been an important design consideration.

In addition to performing resident certification/recertification and payment schedules, the program provides several useful management reports. The computer can provide the manager with a list of residents due to move-out or apartments available for rent. The system can produce tenant notifications as well as mailing labels.

Complementing the MicroHUD program will be spreadsheet analysis, database management and word processing. The computer can be configured to communicate with another in Trenton via telephone line. In the future we will integrate this program with a more inclusive property management system.

Jim Rohrman



## Douglass-Harrison Has Resident I.D.'s

Effective October 10, 1984 any senior or family member that will use the bus providing transportation to the Kearny Shop Rite, will be required to show an I.D. Card.

This requirement became necessary when it was reported that people other than Douglass-Harrison residents were boarding the bus. We realize the lack of supermarkets in the city, and the fact that many families do not own cars, is what caused this problem. However, because the bus is small, and our population at Douglass-Harrison is so large, it is impossible for us to accommodate people outside the development. If you will be riding the shopping bus and have not received your I.D. card, please call Georgia Ransome at 623-4520, or come in to 51 Somerset Street to obtain one. You must show your I.D. in order to board the bus.

Georgia Ransome



Residents of NC Douglas-Harrison prepare to board bus for transport to Shop Rite in Kearny, N.J.



## FOOT FACTS:

## Callus Formation

The foot is a wonderful and intricate part of the body and must have free joint motion to function properly. When this ability to compensate for changing positions while standing or walking is lost — callus will form.

### What Is A Callus?

A callus is a simple thickening of the outer layers of the skin on the sole of the foot. Not all such thickenings are a simple callus.

### What Causes Calluses?

Calluses are formed where there is excessive pressure and friction. This cause (pressure and friction) may be due to long hours of standing or walking, improper footgear, overweight, lack of fat padding, arthritis, etc. — but usually callus is due to imbalance of the feet.

### What Is Foot Imbalance?

Imbalance involves the entire foot. In this condition the foot structures are not in proper position to support the body weight. This may be due to poor body posture, pelvic tilt, weak or rotating ankles, improper position, shape or length of one or more foot bones, contracted toes, etc.

### Common Complications of Callus

With rotating ankles callus may form on the heels. These may crack or fissure. At the metatarsal heads localized pressure often causes a corn which irritates the sensitive nerve endings. Sometimes pressure is great enough to cause capillary bleeding into the callus. From an inward tilting of the foot annoying callus is found along the side of the great toe where the bone is close to the surface. These, and others, can all be further complicated by extreme inflammation, infection, or bursitis. Calluses are a part of foot imbalance.

### Why Do Calluses Burn?

Since callus is composed of layers of dead cells they in themselves do not

Dr. Kenneth  
Frank

Podiatrist



burn. The uncomfortable sensation of burning, especially at the ball of the foot, is due to congestion and swelling below the callus exerting pressure on nerve endings. Further an underlying bursa or "sac" may also become inflamed. When the irritation is severe enough to aggravate these deeper structures, extreme forefoot discomfort is felt. Sometimes the burning may be related to a form of anemia, poor circulation, diabetes, vitamin deficiency or neuritis. In such cases, your foot doctor may suggest medical care to supplement the podiatric treatment.

### Shoes and Callus

Improper fitted or shaped shoes, which either constrict the foot or allow it to slide, can help cause callus. Constant contact with our hard, flat walking surface, as from a thin soled shoe, can be a contributing factor. Wearing high heels, except for dress, throws excessive weight on the forefoot. A good shoe can be a great aid to the foot and callus problem but once functional damage has been done "corrective" shoes will rarely do what their advertisers claim.

### What To Do About Callus

Visit a podiatrist. He is best qualified to furnish immediate relief. By modern, scientific methods (which may include x-ray studies) your foot doctor can properly DIAGNOSE the cause of your foot trouble. A proper plan of treatment will result in better foot and body comfort, and relief of the pain from the callus.

## For Your Information Emphysema Can Be Treated

Emphysema is not curable, but it can be treated. Those who have it can be helped to live with it. It is a destructive disease for hundreds of thousands of Americans and their families, third among the diseases for which Social Security gives disability benefits. Something can be done about emphysema today.

### Who Gets Emphysema

Persons with emphysema are, for the most part, males between 50 and 70 years old. Women get emphysema, too, but not as often as men. A very high percentage of the people who have emphysema smoke cigarettes and have been heavy smokers for many years. Frequently, they live in areas where air pollution is a constant problem.

Some people are born with a lack of a substance called alpha one antitrypsin. This makes them more likely than others to get emphysema and at an earlier age.

### How It Attacks

A person with emphysema doesn't develop the disease suddenly. It comes on gradually. He has probably had several very bad colds each winter for the past few years, each accompanied by a heavy cough, and often with chronic bronchitis. The cough often persists between colds and become chronic.

The thing that usually brings the patient to his doctor is that he has begun to feel short of breath on exertion in morning or evening or both. He may think he has asthma or heart disease.

### Causes of Emphysema

It is believed that emphysema often is a late effect of chronic infection or irritation of the bronchial tubes. These tubes, the bronchi, connect the windpipe with the lungs. The bronchi look like branches of a tree, with the branches becoming smaller and smaller until each one ends in a cluster of tiny air spaces in the lung. From these tiny spaces (alveoli) oxygen enters the blood when air is breathed in, and waste gas (carbon dioxide) is removed from the lungs by breathing out.

When the bronchi become irritated, some of the airways may be obstructed, trapping air in the lung beyond them. Or the walls of the tiny air spaces may tear, for various reasons. The small blood vessels in the walls disappear. Less contact between blood and air results.

If infection or irritation continues or is repeated for a long time and the stretching and destruction of the walls of the air spaces goes on, the lungs as a whole may become enlarged, at the same time becoming less efficient in exchanging oxygen for carbon dioxide. Enlarged lungs is what gives the disease its name, emphysema (which is a Greek word meaning "inflation").

Cigarette smoking contributes to the destructive processes that end up as emphysema.

### Effects of Emphysema

Emphysema may begin with only a slight morning and evening inconvenience in breathing. Next, a short walk may be enough to bring on an

attack of breathlessness. It may reach a point where every breath requires a major effort.

The changes of emphysema also interfere with the passage of blood through the small blood vessels of the lung. As interference grows, the heart must work harder to pump blood. The heart may enlarge under the strain and eventually give out. This type of heart failure is often an end result of emphysema.

### Treatment

Doctors can help emphysema patients live more comfortably with their disease. Different treatments, including antibiotics, help different patients at different times. Under a doctor's care, most patients can get relief from their attacks of breathlessness.

If a man's job does not require heavy physical labor, his doctor will usually say that he can continue to work. It is very important for the patient to stop smoking to help avoid further irritation and damage.

People with emphysema, with the help of breathing retraining, carefully selected exercises, and aid in keeping their lungs clear of excess fluids, can learn to make the best use of the breathing capacity they have.

### Prevention

At this time, doctors do not know how to prevent emphysema. Continuing research is being conducted to find answers to many questions about this disease. But they do know that cigarette smoking can avoid damage for many who would otherwise develop the disease. Controlling air pollution can also help.

Modern medicine can usually slow down the progress of emphysema if patients are treated early. It is always the doctor's immediate concern to clear up any infection or irritation of a patient's respiratory system, because these things set up a possible starting place for emphysema.

### If Emphysema Concerns You, You Should Know:

1. Emphysema can be a serious disease. It damages your lungs. It can damage your heart. You can't treat it yourself. See your doctor at first symptoms.

2. DON'T SMOKE. A high percentage of those who get emphysema are heavy smokers. Continued smoking definitely makes emphysema worse.

3. Some people with emphysema also have a tendency to stomach trouble. If you have any digestive difficulty, be sure to discuss it with your doctor.

4. Keeping fit not only helps prevent emphysema and other diseases, it also speeds recovery if you do get sick. Set up a good health routine — and stick to it.

5. Avoid polluted air. This is advice that is easier to give than to follow since air pollution is a serious problem in almost every part of the country. However, do not expose yourself unnecessarily to dust or fumes of any kind.

5. See your doctor at the start of any cold or other respiratory infection.

7. Ask your doctor about getting vaccinated against influenza and pneumococcal pneumonia.

## NC Manor Gets New Site Manager



James  
Lane

The new manager for NCC Manor, James Lane, brings to the job a B.S. degree in Business Administration from Hampton Institute in Virginia, and an Associate Degree from Cumberland County College in Vineland, New Jersey.

Lane is a member of the Institute of Real Estate Management and the National Association of Housing and Redevelopment Officials.

Mr. Lane expressed satisfaction at being associated with New Community, stating, "Newark is indeed fortunate to have an organization such as this involved in its revitalization efforts." He is hopeful, he told us, to do his part in bringing that revitalization about.

## New Receptionist For Management



Brenda  
Lewis

The young lady now ready to greet you at the management office didn't have to travel far to get her job with New Community. Brenda Lewis was born and raised in Elizabeth, New Jersey, where she attended Battin High School. After graduation, she attended Essex College of Business, where she received her diploma in word processing.

Ms. Lewis had five years of office experience before joining New Community.

She enjoys reading, sewing, dancing and cooking.

Brenda is proud of the fine reputation New Community enjoys and told us "I am very proud to become an employee of NCC."



## United Hospitals Readies Health Care Center

Members of the New Community Corporation and the residents of Newark will soon be able to visit their family doctor at the new United Hospitals satellite center located in the newly renovated St. Joseph Plaza.

"United Hospitals Medical Center and the New Community Corporation have recognized the need for primary care in neighborhood settings," said Dr. James R. Cowan, hospital president. He explained that since there are very few physicians with private practices in Newark, it has become difficult for city residents to receive preventive care or care for minor illnesses.

"Our goal is to provide accessible health care services to our neighbors who don't have a family doctor," Cowan said. "This combined effort by United Hospitals and New Community will make it easier for people to receive the health care they need and deserve."

Patients at the satellite center will be able to choose their personal physician from a number of doctors who will be on staff. The doctors will ordinarily be able to manage the majority of their cases in the office, but consultants from United Hospitals will be available if the patient requires specialized care. If the patient requires hospitalization, he or she can



Residents of New Community discuss new St. Joseph's Health Care Center, due to open its doors to the community soon, with planners. Left to right are Synthia Jorden, Manager of Satellite Health Care Centers for United Hospitals; Dr. James R. Cowan, President of United Hospitals; Mrs. Cora Lassiter and Mr. LaSure, residents of New Community; Mrs. Ivor Carlisle, R.N., Coordinator of NCC Health Care Center and Ms. Edna Gillian, New Community resident.

be admitted to United where his or her own doctor will be able to provide continuity of care.

Transportation to the satellite center will be provided by New Com-

munity to its residents. Patients are requested to schedule appointments, and those in financial need may be eligible to receive special consideration.

## Handicapped Need Volunteers

The Essex County Department of Parks, Recreation and Cultural Affairs seeks volunteers to aid homebound handicapped adults.

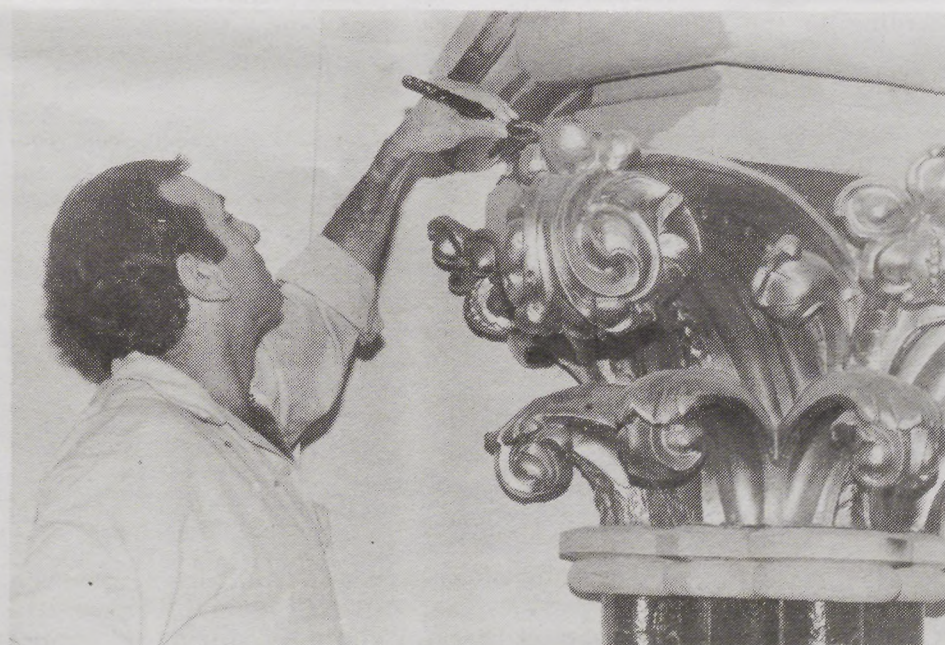
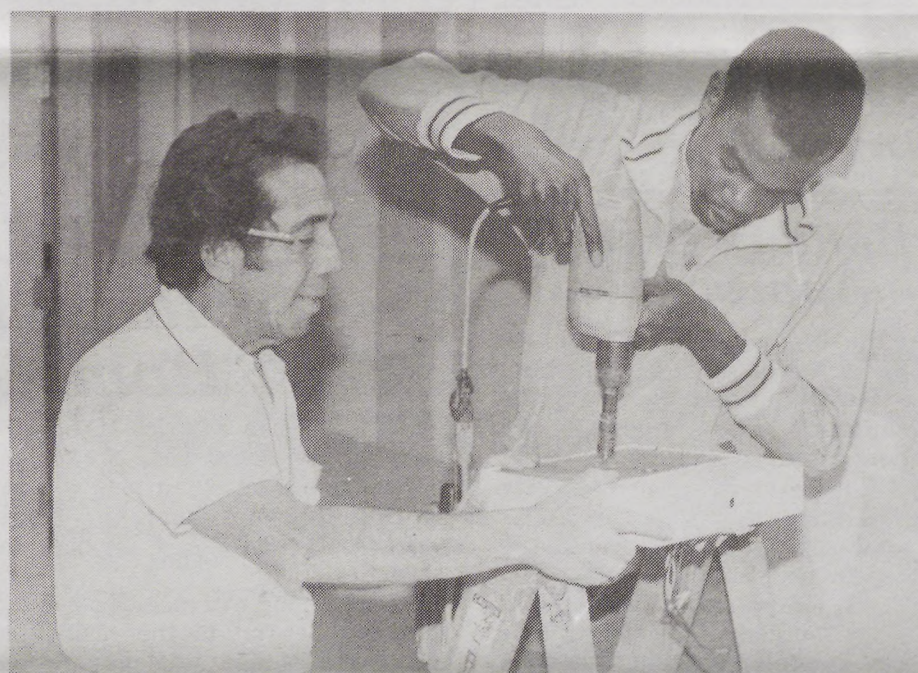
The S.H.A.P.E. (Special Handicapped Activities Program of Essex) Homebound Project, a unique service project, is designed to provide recreational activities for homebound adults who need and want services and who have not been involved in the program in the past.

S.H.A.P.E. needs volunteers who are willing to contact homebound individuals to aid them in matters most others take for granted: make telephone calls, run errands, write letters and, generally lend a helping hand as well as ear to the sometimes very complicated world in which handicapped individuals find themselves.

"Volunteers are the strength and backbone of this program," said William Scalzo, director of the Essex County Parks Department. "What greater gift can a person give than themselves as the holiday season approaches. Those willing to contact the homebound are offered varied degrees of involvement and the required time is flexible," he added.

Anyone interested in more information or in serving as a volunteer should call Coleen Allen after 1:30 p.m. at 678-6571, or 482-6400, ext. 213 and 236.

## Final Push Underway At St. Joseph!



Many hands are making the finishing touches move along rapidly at St. Joseph Plaza these days.

Photo at upper left shows electrician Jacques Michel wiring emergency lighting as Alexander R. Fidalgo stands by. In center the two prepare fixture for exit sign, while carpenter Ancl Blake at upper right continues to mold out space for the St. Joseph Health Care Center. Below left Joseph Pardo puts final coat on top of filiat, while Luis Saway puts final coat around glass frame enclosing office space.

Minority workers are well represented at St. Joseph Plaza.





# Candy Stripers Volunteer At United Hospitals

Look at what is happening in United Hospitals. We have a few young ladies starting as volunteer Candy Stripers in the hospital. Their duties are to help the patients in wheelchairs, make beds, fill the water jugs and a little bit more. The following girls will start working this week: Sophia Davis, Tina Garner, Bernadette Palmer, Carmen Gonzales, Julia Gonzales, Norice White, Apryl Butler, Jill Falana, Simone Young

and Felicia Jones. It is good that they will have this experience, since most of them already know that they want to be either doctors or nurses. When we have our new nursing home in 1985, these girls also will have the experience to work in our own nursing home. If you are interested in being a volunteer Candy Striper please contact Sheila Washington at 623-6114. Sheila Washington



Ms. Lucille Curtis, left, Acting Director of Volunteers at United Hospitals Medical Center, Dr. James R. Cowan, center, President of United Hospitals Medical Center, and Ms. Sheila Washington, at right, Youth Coordinator of N.C.C. Social Services Department address group of ten young ladies from New Community who started recently as Candy Stripers for the hospital.

## NCC Family Activity Calendar

November 1984

| Day    | Date | Activity                                                            | Time    |
|--------|------|---------------------------------------------------------------------|---------|
| Mon.   | 5th  | Manor Social Club Monthly meeting at 72 Hayes St. (security office) | 6:30 PM |
| Thurs. | 8th  | Kiddie Disco at 225 Hunterdon Street                                | 3-6 PM  |
| Thurs. | 8th  | Family Advisory Board meeting at Gardens Pavilion                   | 6:30 PM |
| Mon.   | 12th | 72 Club monthly meeting at 72 Hayes St. (security office)           | 6:30 PM |
| Tues.  | 13th | Theatre Club meeting at Gardens Pavilion                            | 6:30 PM |
| Wed.   | 14th | NC Homes Floor Captains at Babyland Nursery                         | 6:00 PM |
| Thurs. | 15th | N.J. Bell Telephone at Gardens Pavilion                             | 6:00 PM |
| Fri.   | 16th | "Pre-Thanksgiving Dinner" at Gardens Pavilion                       | 6:30 PM |
| Tues.  | 20th | NC Manor Floor Captains meeting at 225 Hunterdon Street             | 5:30 PM |
| Mon.   | 26th | NC Manor Floor Captains meeting at 72 Hayes Street                  | 4:30 PM |

### Families Will Share Thanksgiving Dinner

This year will mark a new beginning of thanksgiving and sharing for NCC families. There will be a Pre-Thanksgiving Dinner held on November 16, 1984, at 6:30 p.m. at the Gardens Pavilion, 220 Bruce Street. There will be no charge for the dinner but each family will be asked to bring a dish. Aside from this there will be a brief program and some form of entertainment.

It is anticipated that most NCC residents will want to participate. Meats will be provided by NCC Social Service through contributions. Anyone wishing to attend the dinner or participate in the program should contact the Social Service office, 623-6114.

Virginia Scott

### Fitness Instructor Workshop

Beginning on November 5th, five members of the Social Service staff will be involved in a training course on fitness, designed for seniors.

The course, which is sponsored by the Essex County Department of Parks, Recreation and Cultural Affairs, will be held at the Center For Environmental studies in Roseland.

After successful completion of the course the staff will receive certification as instructors. This valuable training is designed to enable the staff to provide fitness classes in each of the NCC Senior buildings.

The Staff members attending include Sr. Clare Terrance, Sr. Hortensia, Sr. Marian, Gloria Newsome and Joyce Holmes.



### Christmas Help For the Needy

Unfortunately for many, this year's holiday season will not be a happy one, due to the economic ills of our country, especially in the urban areas. A vast number of people are without jobs or adequate income. As a result many families will be unable to provide Christmas or holiday cheer for their young.

While New Community residents do live in beautiful housing, with lovely landscaping and security, many also have been victimized by inflation, unemployment and a lack of funds for basic survival.

This year NCC Social Services will attempt to make Christmas or Kwanza a little merrier for some of our needy. Unfortunately, we will not be able to meet the entire demand. However, we will try to assist as many persons as we can, who may be in need. Those persons will of course have to be screened and their needs verified.

Anyone who feels that they are in need, or may know of someone who is a NCC resident and in need of holiday assistance should contact the NC Social Services office as soon as possible for further information at 623-6114.

Virginia Scott

### Holiday Season Approaches

As the days and months pass hurriedly by, we see the leaves turning to a lovely autumn glow and the temperature slowly dropping. We suddenly realize that time really flies! The holiday season is swiftly approaching.

Thanksgiving is just around the corner and the yule tide season immediately follows. In no time at all St. Nick will be breathing down our necks, emptying our purses and pockets and climbing down our chimneys.

An effort will be made during the holiday season to offer some form of happiness and cheer to everyone. A major move is currently underway to organize a mass chorus, and recruit persons who can act for a short play, as well as dancers, singers etc. Aside from this, volunteers are also needed to help cook, decorate and help with a number of other involvements.

The initial organization meeting was held on October 23rd. At that time a number of teenagers, adults and children signed up to help participate in the many Christmas activities.

Actual dates for these affairs will be announced in the next issue of the Clarion.

If you are interested contact Social Services at 623-6114.

Virginia Scott

### Training For NCC's Home Friends

NCC has a new addition of ten (10) very hard workers! They are called Home Friends and their task will be to provide housekeeping, meal preparation and escort services to residents.

Housekeeping will include cleaning that is essential to the resident's health and comfort. Meal preparation will include the provision of meals according to the consumer's needs.

Escort service may include shopping or a trip to obtain health care services.

All the Home Friends are Newark residents. They will be working full time — 36 hours a week — and will be paid by a state grant.

They will be on the job after a training period administered by New Community.



Newly formed Home Friends, receive instruction from Sister Anastasia Hearne, SSJ, as Sister Clare Terrance, OSB, NCC Social Worker, and Cecilia Faulks, NCC Personnel Director stand by, during personnel orientation.



# At Your (Social) Service

## Afterschool Program Takes Its Job Seriously

### New Rules in Effect

Once again, the NCC Afterschool Program is in full swing. This year, however, a number of additions have been included.

The program will continue to be held at Gardens Family Pavilion, 220 Bruce Street, every afternoon, Mondays through Thursdays, from 3 PM to 5 PM.

The new additions this year include eight new tutors and tutor aides. They are Ms. Marilyn Reed, Ms. Desiree Boykins, Ms. Charlene Brewer, Mr. Donald Davis, Ms. Valerie Hall, Ms. Toni McKenneth, Ms. Michelle McKenneth and Ms. Eleanor Palmer.

Also, the Gardens Pavilion has been divided into four separate classrooms. The classes are divided into K through 3rd, 4th and 5th, 6th and 7th, and 8th and up, under the supervision of a tutor and a tutor's aide.

Beginning in the near future a dinner program will be included.

In redesigning the program, Sheila Washington, Associate Coordinator of Youth Services, has also prepared a manual that describes the purpose, goals and objectives of the afterschool program, and rules and regulations for students as well as tutors.

The purpose of the program includes four elements:

1. To provide a needed service for the school-aged children in our community.

2. To offer a safe, quiet, highly motivated atmosphere conducive to learning, and to developing good study habits.

3. To place emphasis on improving Reading, Math, English and Spelling Skills, and the importance of homework.

4. Through a program of motivational incentives, we will stimulate children's curiosity and arouse their interest in becoming better students, which once accomplished, will increase their level of self-esteem.

The goals and objectives are as follows:

Having identified the problem areas per grade, in the four (4) subjects — Reading, Math, English and Spelling — to obtain the assistance of qualified personnel who would work with the students toward a better comprehension of these subjects.

The rules and regulations for the students are:

#### 1. TARDINESS:

Tardiness will not be tolerated. Any participant that is late more than 2 times, will automatically be suspended for 1 day. If the behavior continues, student will be terminated.

#### 2. ABSENTEEISM:

Students absent from class must bring Youth Coordinator a written excuse signed by parent/guardian, when returning to class. No readmittance to class will be allowed without this written excuse.

#### 3. DISCIPLINARY ACTION:

The Tutor and Tutor Aide will be responsible for maintaining order in the classroom. Persistent misbehavior by a student will be brought to the attention of the Youth Coordinator who will make the final

determination on the level of severity of the disciplinary action.

#### 4. EATING AND DRINKING:

There will be absolutely no eating or drinking of any kind during the class period. It is hoped the food program will be instituted before long, and will alleviate the problem of hungry students.

#### 5. STRETCH/RELIEF PERIODS:

Each class will be assigned a staggered 10 minute stretch/relief period for students to take a break and go to the bathroom.

#### 6. TEACHER CONTROLLED CLASS:

The class is under the direct supervision of the Tutor and Tutor Aides, who are under the direct supervision of the Youth Coordinator. Teachers are responsible for maintaining an orderly and quiet classroom, and will be assisted, wherever possible by the Youth Coordinator.

#### 7. AREA CONFINEMENT:

Except for the Relief-Stretch Periods, it is an absolute must that students be confined to their assigned area/classroom. Our space is limited, and roving students will only disrupt the homework/study activity that is going on in the other classrooms.

#### 8. VISITORS AND VISITING:

Each student will be assigned to a classroom, and it is essential to the overall well running of the program that they remain in that area/classroom for the duration of the period. We are striving for a quiet, orderly atmosphere conducive to learning and studying, therefore, there will be no visits by unregistered persons, and no unauthorized visits between the classes.

#### 9. COMMITMENT TO FULL TIME:

The program is only 2 hours long. In order to derive the maximum benefit from the session, it is mandatory that students commit themselves to the full 2 hours. It is preferred that if a student has to leave before 5:00 P.M., he/she miss that day, and bring in the written excuse when he/she returns to class the next day.

The rules and regulations for tutors are:

#### 1. TARDINESS:

Tutoring Staff is requested to set good examples for the students by being in the classroom on time (preferably 5-10 minutes before students arrive), and being prepared. This not only sets good examples of promptness for students, but is the first step in maintaining control of your group.

#### 2. ABSENTEEISM:

Tutoring Staff is expected to provide Youth Coordinators with sufficient advance notice when they will be unable to attend class. The informal commitment made on the part of the Tutors and Tutor Aides to the After School Program, is looked on as an arrangement as binding as that of a formal contract, and absenteeism should be kept to a minimum.

#### 3. EATING AND/OR DRINKING (Alcoholic Beverages):

Not allowed at any time during the

2 hour session. Any suspicions to the contrary will be handled by the Youth Coordinator with the assistance of the Director and the Assistant Director.

#### 4. VISITORS:

Visits from family and friends during the 2 hour session, are discouraged. The only exception is if any of the family members are enrolled in the program.

#### 5. MEETINGS & ADHERANCE TO RULES & REGULATIONS:

Tutors and Tutor Aides will be required to attend Orientation and informal group sessions whenever scheduled. Also they should familiarize themselves thoroughly with the goals and objectives, and purposes of the program, and carry them out fully.

#### 6. DRESS CODE:

Will consist of casual comfortable attire, always in good taste.

#### 7. CONDUCT/ATTITUDE:

Should be professional and businesslike at all times. Strict, but not severe, positive, and complimentary. Staff will refrain strictly from any usage of profane language, threatening words or acts toward students, and absolutely NO physical abuse.

#### 8. COMMITMENT TO FULL TIME:

Like the students, it is mandatory that staff commit themselves to the full 2 hour session daily.

As is evident, a great deal of planning and preparation has gone into the design of this program, and it promises to be a truly professional program. Registration will continue to be open with a registration fee of \$3.00 per child. For further information please call the Social Services office at 623-6114.

Sheila Washington

## Ceramics Classes Are Fun!

Creative minds are at work behind the doors in the ceramics room. Ladies are busily cleaning, glazing and designing pieces of ceramic greenware and bisque.

The first group meets Tuesday at NC Manor Senior, which participants from NC Roseville and Douglas attend. It was great to feel such perkiness in the air. A few ladies were surprised to see that it was not as difficult as they had imagined.

The second group meets every Thursday at NC Associates, with representatives from NC Commons Senior and NC Gardens Senior and Young Disabled. All are excited and happy to be able to create fine and useful pieces.

Ceramics is for everyone, ladies and men alike. So come on fellows, I know there are some good ideas and lots of talent hidden out there. Join us and make a piece come to life.

#### Ceramic Rules

—Class is 2 hours; allow 15 minutes cleanup time.

—Price for item chosen to work on is determined by each piece.

—Set of brushes must be purchased.

—Cost of firing is 1/2 cost of item per firing (some pieces require multiple firings).

—Bring smock and box for articles.

—Treat your piece with care in the early stages; it is very fragile.

—Carve initials in each piece.

—Have Fun!



Seniors of NC Manor work patiently on their projects in new ceramics class.

## SUBURBAN BATTERED WOMEN HOTLINE

Located at Caldwell College

Sponsored by Babyland Nursery, Inc.

Program to End Abuse in the County of Essex

FOR HELP CALL 226-6166

Counseling and Referrals Available



## The Douglas

### We Care Club...

The We Care Club is coming along just fine. October 12, 1984 they gave a bus ride. The proceeds of this ride are to be used to help care for some of the needs of our sick and shut-ins. They are a living example of what the senior buildings are about.

### Tenant Pitches In...

Mrs. Elizabeth Waller gets a warm "Thank You" from the tenants for taking time out to remove the covers from our lounge chairs and wash them. Our Lounge is bright looking again.

### Douglas Library Opens...

The Library is now open. All tenants are urged to make use of this facility; there are all types of books and magazines on hand. Peter Williams is your friendly librarian, there to assist you from 4 to 6 p.m. 3 days a week, on Monday, Wednesday and Friday. We also are loaned books from the Newark Public Library, so if any book that you might like to borrow is not on the shelf, Mr. Williams can get it for you if you know the title and the author's name. The books may be read in the library room or you may sign them out. The library is located in front of the elevators. Come and enjoy!

Alma Hanks



NC resident Peter Williams, librarian at newly opened NC Douglas library holds his favorite book — Newark, by John T. Cunningham.

## NC Associates

On November 9, 1984 at 7 p.m. the NC Associates Senior Citizen Organization will be celebrating their fifth anniversary. They are looking forward to an evening of surprises and entertainment, with a guest from the Office on Aging. The organization was founded in July 1979 by Mr. Sterling Hill and Joseph Graham, with the help of Mary King from the Office on Aging. Those elected at that time were Maude Jones, President, Oler Peterman, Vice President, Lucy Bates, Treasurer and Phyllis Burton, Secretary. Later Ardener Montague was elected as Assistant Secretary. Beatrice Graham is now holding that office, and Emma Johnson replaced Larry Bates who moved from 180. We'll always cherish the deeds the memories of those who have worked with us. Magnolia Brown and Viola Moses both work on the sick committee and Nora Smith is chairperson of the social committee. The members of the club are looking forward to seeing you at the party, to help them celebrate.

\* \* \* \* \*

Four seniors attended the 11th Annual Recognition RSVP program. They enjoyed the dinner and entertainment and meeting friends from other locations. A letter of congratulations to the seniors and volunteers from President Reagan was read. Hopefully next year more volunteer seniors will attend.

Phyllis Burton

## NC Manor

NC Manor Seniors is happy to announce the beginning of a library for the building. A cozy room next to ceramics is being transformed into a reading room with subject matter to please almost everyone.

There are over 200 books, covering topics from African Arts to Zoological Studies, and many love stories and mysteries in between.

A large quantity of books were donated from college students, and still more are coming from residents who wish to share the books and novels which gave them pleasure. Mrs. Ethel Clark presented the library with a dozen new Harlequin Romance Series books, something to keep you warm on a chilly night.

The library is open and available to all every day. So please come down to browse around a find a good book to explore.

Joyce Holmes

## NC Gardens Towers Celebration of 3rd Anniversary

On September 28th a party marked the third Anniversary of New Community Gardens Senior Towers.

Everyone worked together and all joined in for a good time!

Dinner was provided. Joe Chaneyfield from New Community Corporation spoke to those gathered.

Many of the residents attended, both seniors and young disabled, making it a shared event. Good conversation, live music, and livelier dancing highlighted the evening. Music was provided by the "Oldies But Goodies" Group.



NC Garden 3rd Anniversary Honorees Mrs. L. Reese, NCC Manager, and Sister Anastasia, of NC Social Services, stand among Ms. Edna Gillian, Mr. Edgar Denson, President of Tenant Association, Mrs. Edna Davis and Mrs. Mary Bell.

## Our Men Get It Together

Twenty men from NC Gardens Towers have joined together to form a Men's Club. Activities will be planned to benefit all male residents in the building both young disabled and seniors. Officers for the club were chosen at the meeting and were as follows:

President, Mr. John Hooks; Vice President, Mr. Eddy Rodriguez; Secretary, Mr. Freddie Tiller; Treasurer, Mr. Roosevelt Sanders; and Sergeant-at-Arms, Mr. Dwain Alston.



Officers and some members of NC Gardens newly formed Mens Club are: President, Mr. John Hooks; Vice President, Mr. Eddie Rodriguez; Secretary (seated left) Mr. Freddie Tiller; Treasurer, Mr. Roosevelt Sanders; (R to L) Turner James, Walter Finney, Jerome LaSure, Ralph Barnett, Joseph Thomas and Philip Thomas.

## —St. Rose Candy Fundraiser Popular—

This year's annual candy sale sponsored by St. Rose of Lima School promises to be very successful fundraiser. All preliminary indications suggest that a second shipment may be necessary. This candy sale, like all other fundraising projects, is vital to the operation of the school.

The sale started on the first of October and involves a contest as an inducement to selling. There are individual cash prizes in three categories for top sellers. In addition the class that sells the most (per capita) will have the option of having a Pizza-Party or Mystery trip.

There are two kinds of Candies - the

every popular chocolate bar with almonds and the nut buddies with caramel. Both sell for one dollar each. Many parents are surprised at how easy it is to sell the candy. Some have even described the experience as "having fun and enjoying it."

"I told my wife we were going to have trouble getting rid of this candy," said Don Evans of New Community Maintenance, "but things worked out altogether different. Now folks are coming to me to get more."

Another parent whose daughter is in a lower grade, indicated that she doesn't have the time to sell candy,

so "I give it to my brother who works at Ford Motors, and it's gone within a day."

Anyone who wishes to help in our sale is welcome to do so. Call the school at 481-5582 for information.

SHOW 'EM  
WHERE YOU STAND

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# St. Vincent's Seniors Serve St. Rose

"What we want you to know is that we're here to help you." This is the response given by Theresa Randolph when asked what kind of experiences she wants St. Rose's to offer her. She and Cecilia Angulo are seniors at St. Vincent's Academy who have elected to complete their School and Community Service project at St. Rose of Lima School.

The Program known as Students-in-Community Program is a culmination of four years of community service and Catholic Christian school philosophy at St. Vincent's. It formally begins in the spring of the freshmen and sophomore year with participation in service projects which offer the opportunity for students to become aware and sensitive to community needs.

"Last year I had a great time!" continued Theresa. "I worked as a teacher aide in the second grade at St. Rose's, primarily limiting my involvement with a gifted and talented group of students. These, of course, were students who were on level or above. I taught them reading and math. I did some office work also. What I truly can say is that I have had a taste of everything and the experiences have been great!"

The purpose of the senior Students-in-Community Course, according to its program designers, is to provide learning opportunities through service. This includes the following objectives: to help the student internalize the value of Christian service; to alert the student to a personal responsibility to develop and share her talents and skills for the betterment of society and specifically her community; to enable the student to recognize the needs of her communi-



Theresa Randolph and Cecilia Angulo, seniors at St. Vincent's Academy, Newark, pursue administrative task at St. Rose of Lima School during internship there in St. Vincent's Academy's community service program.

ty and to determine her present and future role for effecting change; to offer the student an opportunity to integrate and apply her skills and knowledge in practical and concrete ways; to provide the student with a knowledge of the social, political, and economic structures within which he lives; and to promote the student's awareness of career opportunities and to broaden and deepen her knowledge of and respect for the dignity of work.

"Such a program," says Cecilia, "helps us to relate the people and to various jobs. Why, it may even, in turn, help us to decide what we want to do with our lives in the future." Miss Angulo is an honor graduate of St. Rose's class of 1980. "Last year I worked in a hospital, and thought that was what I wanted, because I wanted to be a doctor. But, once I got there I found, to my dismay, that there were many menial things I was told to do that I didn't like. So that

idea was shelved, for I was totally out of it. I knew I like to relate to people, especially children, so maybe I'll be a social worker, I thought. Now I finally arrived at the idea of being in business, preferably for myself. I was somewhat influenced by the work we are doing here at St. Rose's."

Both Theresa and Cecilia are devoting their services to the managerial end of the lunch program at St. Rose's. Their calculations supply the necessary information needed to complete reports for state reimbursement. Also they have assisted Mr. Wilson, Principal of St. Rose of Lima School with the record keeping of the candy sale. These young ladies report to the school each Tuesday morning and fulfill their service responsibilities between the hours of 8:30 and 10:30 am.

According to Mrs. Eugenie Swetz, Program Coordinator, last year the Students-in-Community Program

was offered as an elective. Because of requests from a number of students and some agency supervisors, it is offered again this year. Mrs. Swetz is assisted by Mrs. Cynthia Zontek.

Cecilia confesses that ... "going to St. Vincent's was a different experience than going to grammar school. While the schedule of classes allowed more independence, the work was so hard. During my freshman year I thought I was going to fail. If there is any advice I can give to the present eighth grade at St. Rose's I will tell them that it is going to be hard at first, but just stay right with it. Stay after school and get help if need be."

When asked of their plans after St. Vincent's, Miss Randolph admitted that she plans to attend college, hopefully Rutgers in New Brunswick and major in Business Finance. A well-spoken and determined young lady, Theresa, who attended William S. Hart Middle School in East Orange before entering St. Vincent's, advises that anyone entering high school should do so with a great sense of determination. One must ... "realize that it is not fun and games. You are an individual above all else and mommy and daddy won't be after you as much. Therefore on your own, you must put forth the effort and try (to succeed)."

Cecilia's plans are not as definite. There is a possibility of her moving to Texas after graduation and out there she will enroll in a college to major in either Psychology or Business Administration. Cecilia is the daughter of Laura Angulo, cafeteria manager and Babyland Supervisor of the kitchen at St. Rose of Lima School.

## Babyland I



### Halloween Fun

Babyland I children prepared for Halloween by decorating each classroom with large pumpkin face mobiles, collages of Black Cats, and a large witch. Each class had a Halloween Party. Many thanks to our parents for contributing the Halloween goodies, which the children enjoyed tremendously. Most of the costumes the children wore were homemade.

### Thanksgiving

The children have been busy working on making turkey collages of bright colors. The bulletin boards are also decorated with thanksgiving poems and turkeys.

### Skills Taught

The younger children at the center are concentrating on motor skills, for example holding and drinking from a cup. Others are learning the parts of the body, and developing listening skills.

Some are learning about other cultures, especially African folklore, by singing some African Songs.

### Trips Planned

A trip to Van Riper's Farm in Woodcliff Lake, where witches and pumpkins stay this time of year, is also on the agenda.

LaVern Mowatt



## Babyland II

The children at Babyland II eagerly await the HALLOWEEN PARTY. Many parents have volunteered to help by providing wrapped goodies, and assisting with various games and tricks.

There will be several separate ongoing activities that will include: Dunking for Apples, Halloween Stories, Halloween games. Expected to "MAGICALLY" appear will be a guest GOBLIN to pass out special trick or treats.

Our center will soon be all decorated for the fall session. The children are finishing art work that will project the signs of fall. This fall theme includes colorful leaves, fall fruit, special drawings and paintings, and of course holidays.

During this period the PRS program will complete its voter registration drive. To date this office has assisted twenty-one persons to become registered voters who will vote in the November election. Also upcoming will be a legal presentation, that will provide information about available legal services within the Newark Community.

Beverly Dunn,  
Social Worker/Center Supervisor



Newark Fireman John Salvato of Engine #15 stands by to answer questions from youngsters during PSE&G and Newark Fire Department's Fire Festival.



Sharing happiness with Babyland children and children of numerous other preschools, clown Kareema Aziz takes time out to sit between Antaya McCray, Janel Bell and Shakira Moore during fire festival.



## Newark "Y" Saves the Day

Everyone was set to go. Shoes had been chosen to match bags, dresses and suits pressed to a tee. Thirty-five senior residents of New Community were ready to attend a luncheon given by the Retired Seniors Volunteer Program (RSVP), in their honor. These were people who devoted their time in helping others less able. Awaiting them was a beautiful luncheon at the Mayfair Farms Restaurant in West Orange, N.J.

Ring!... "I'm sorry but due to unexpected circumstances there will be no transportation available." The look of disappointment was deeply felt. How could I possibly tell these people who had planned for months what to wear and had gotten new hairdos just for the occasion, that they would have to get there on their own.

I started thinking. Newark and Essex County Agencies should all work together in providing for our citizens I felt. After phoning around for a while, a willing, helping hand reached out. On the line was Mr. Steve Doxson, the Director of Activities at the Newark YM/YWCA.

"Steve, we have a problem. I know it's the last minute, but can you loan us a bus and driver for tomorrow?" "I'm certain I can help you, but let me check and I'll call you back." A ray of hope burst through. Now I waited in anticipation for the phone to ring. Within half an hour the answer came — "No problem. The bus and driver will be there on time. Always glad to help out. Any time you need our services don't hesitate to ask."

The next day at 11:30 a.m. as promised, Ron Booker, driver for the "Y" pulled up and greeted everyone pleasantly, as he helped them board to take them to the luncheon. Everyone was delighted with the ride to and from the event.

Many people view the "Y" as place to "workout". It is much more, and a lot of it has to do with the people behind it. The "Y" is also caring and sharing, and this is shown 100% by the service they provided our seniors, with promptness and courtesy.

A special thanks to Mr. Steve Doxson and Mr. Ron Booker for coming to the aid of our seniors.



Senior residents of New Community happily prepare to board bus that was loaned to New Community by the Newark YM/YWCA when emergency arose.

## We've Reached New Heights!



Workers have already reached third floor height on New Community Extended Care Facility. A Lull Highlander can be seen in rear helping the job progress rapidly.

## Prayers Are Answered

"...Whatever things you ask when you pray, believe that you receive them, and you will have them." Mark 11:24.

Prayer is a channel of communication with God by which the devout person may enjoy fellowship of communion with Him, and by which, in turn, the way is open for God to make fuller use of human means. Prayer includes far more than the obtaining of material benefits. Prayer may be mental or vocal, expressed in word or gesture. The level and the range of prayer will be determined by the way in which the Divine is understood. Prayer that is purely selfish reflects a low conception of God. Prayer takes many forms. It may be simple communion, petition, a wrestling, confession, the uttering of vows, praise and thanksgiving, unspoken desire in the heart, mere ejaculation, or a prolonged utterance. Prayer is not limited to any particular time, place, or posture. What is stressed, however, is the attitude of the heart — reverence, sincerity, humility, unselfishness, and faith.

Moses faced riots and rebellion in the camp of Israel. There was no water, and when it was finally found, it was too bitter to drink, but Moses "cried unto the Lord," and He revealed how to make the water sweet. Exodus 15:24, 25. All through the turbulent history of Israel, the record of God's word reads: "And when the children of Israel cried unto the Lord, the Lord raised up a deliverer." Judges 3:9. Armies were put to flight, fears were removed, victories were won, troubles vanished — all because men prayed to God. "Many are the afflictions of the righteous: but the Lord delivereth him out of them all." Psalm 34:19.

General Jehoshaphat's chariot was

surrounded by the Syrian army, and enemy soldiers were moving in for the kill. Even though Jehoshaphat was out of the will of God, when he cried out in desperation, God heard and rescued him. II Chronicles 18:31.

Abraham prayed to God and He healed Abimelech, his wife, and his maidservants.

Elisha prayed to the Lord to overcome the raiding Syrians and they were led into captivity, then sent away no more to come to the land of Israel.

Hezekiah prayed to the Lord to save Jerusalem from the Assyrian horde led by Sennacherib, and the Lord answered with an angel who killed one hundred and eighty five thousand encamped Assyrians. The remainder departed.

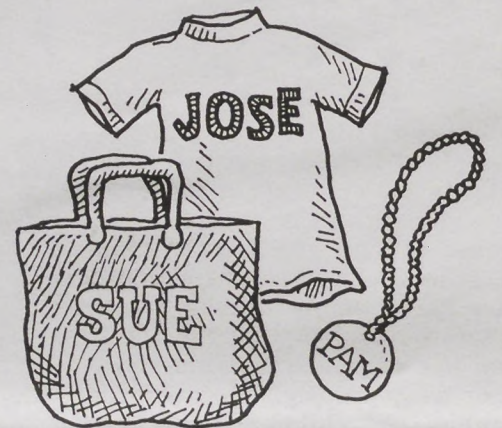
The thief on the cross next to Jesus prayed, "Lord remember me when You come into Your Kingdom." Jesus answered his prayer "...today you will be with Me in Paradise." Luke 23:42, 43.

The last words of Jesus on the Cross were a prayer, "...Father, into Your Hands I commend My Spirit." God answered that prayer by receiving Him, granted Him everlasting life.

Sometimes our prayers are not answered when and in the way we want and expect them to be answered. God does not always answer prayer the way one desires, but rather His way. Prayers are answered, but sometimes God says, "no." When god says, "no" to our prayers today, it may be that He has something better in store for us later on, which we may not see right now.

Lewis Graves  
Springfield Branch  
Newark Public Library

## Stranger Rules



"Lots of kids wear clothing or carry belongings which bear their names. Parents, remind your kids that people who call to them by name may still be strangers, and 'stranger rules' apply."

- Never accept rides, candy, gifts, money, or medicine from a stranger.
- Never get close to a car if a stranger calls out to you for directions or anything else. It is easy for a stranger to pull you into a car.
- Never give your name or address to a stranger.
- Never open the door to anyone you don't know.
- Never tell callers that you're home alone. Say mom or dad can't come to the phone, and will call back.
- Never volunteer family vacation plans or other information about your home.
- Always avoid strangers who are hanging around restrooms or the playground and want to play with you or your friends.